

**This product has 4 tables:**

- Table 1 - Natural, Relative Minor - “La” Based
- Table 2 - Natural Minor - “Do” Based
- Table 3 - Harmonic Minor - “Do” Based
- Table 4 - Melodic Minor - “Do” Based

**The Goals of the Exercise**

The goal is to master all of the leaps in each scale through randomization of the pitches. This happens with the following specific goals:

1. To teach singers to maintain the tonic, “do”, in their heads (even when performing the relative minor)
2. To teach singers to relate each pitch back to “do”, rather than to the previous pitch
3. To teach singers to develop the eye-tracking skill, simulating sheet music, while focusing primarily on accessing their ear
4. To teach singers to speed up their ability to access and replicate pitches that are part of a specific scale
5. To prepare singers to be able to read any and every jump in written sheet music, no matter how complex it may be

**How it Works:**

This exercise uses the written-out solfege syllables. I have written out solfege syllables randomly in a line that is 13 syllables long, beginning and ending with “La.”

Here is an example:

1. **LA SOL DO FA TI LA MI SOL RE FA MI DO LA**

As mentioned before, the purpose of this exercise is to teach students how to follow with their eyes, develop their ear, and access their ear while eye-tracking, but not getting bogged down with note-reading. Note-reading skills need to be developed independently from the development of aural skills; when both skills are worked on separately, they become far more useful together.

The primary goal is for students to lock-in “Do”.

Instructions for the student(s):

1. Sing a major scale before beginning this exercise
2. Each line is a separate exercise
3. It doesn’t matter whether the pitch is sung above or below “do”. So “ti” can be above or below “do”. Even “do” can be high or low.
4. For beginners, there is no speed to this exercise. The goal is perfect, in-tune pitches.

**Minor Table 1 - Relative Minor**

First, sing a major scale and then pivot into the relative natural minor scale by singing the same solfege syllables, but from 'La' to 'La' instead of from 'Do' to 'Do'.

- ♪ Each line is a separate exercise.
- ♪ It doesn't matter whether you ascend or descend to the next pitch.
- ♪ Try moving your eyes even further ahead of the syllable you are singing.
- ♪ For beginners, there is no speed to this exercise. The goal is perfect, in-tune pitches.

#	Minor Table 1: 18 Solfege Drills - Solfege Syllables from a Relative Minor Scale												
1	La	Do	Fa	Re	La	Mi	Ti	Re	Sol	Fa	Mi	Sol	La
2	La	Re	Sol	Fa	Mi	Re	Ti	Sol	Do	Ti	La	Do	La
3	La	Mi	La	Ti	Do	La	Re	Fa	Mi	Re	Do	Ti	La
4	La	Fa	Do	Sol	Do	Mi	La	Ti	Sol	Re	Mi	Do	La
5	La	Ti	Mi	La	Fa	Re	Sol	Do	Mi	Sol	Ti	Re	La
6	La	Re	Fa	Mi	Ti	Sol	Re	La	Do	La	Re	Ti	La
7	La	Mi	Re	Do	Fa	Ti	Sol	La	Re	Fa	Ti	Sol	La
8	La	Ti	Do	Mi	Fa	Do	La	Re	Do	Mi	Ti	Mi	La
9	La	Sol	Re	Ti	Do	Sol	Ti	Re	Fa	La	Do	Re	La
10	La	Do	Ti	Re	Fa	Mi	Ti	Sol	La	Do	La	Sol	La
11	La	Re	Sol	Do	Fa	Ti	Sol	Mi	Re	Ti	Fa	Do	La
12	La	Mi	Sol	Re	La	Fa	Ti	Sol	La	Re	Ti	Mi	La
13	La	Sol	Mi	Do	La	Re	Ti	Mi	Sol	Fa	La	Fa	La
14	La	Fa	Ti	Mi	Do	Sol	Fa	La	Do	La	Mi	Sol	La
15	La	Mi	Sol	Fa	Mi	Do	Ti	La	Mi	Ti	Fa	Re	La
16	La	Do	Ti	Sol	La	Fa	Re	Sol	Mi	Ti	Sol	Do	La
17	La	Ti	Re	Fa	La	Mi	Sol	Fa	Do	Re	Mi	Sol	La
18	La	Fa	Do	Mi	Fa	La	Sol	Mi	Re	Fa	Sol	Ti	La

**Minor Table 2 - Natural Minor**

♪ The first 5 exercises are the exact same pitch relationships as Table 2. This should aid in developing the connection between relative and natural minor as well as the relationship between major and minor scales that share the same 'Do'.

♪ Before singing the drills, first sing the Natural Minor Scale ascending and descending.  
Then sing: Do-Me-Sol-Me-Do-↓Te-Do.

♪ Keep looking ahead of the syllable you are singing.

'Me' = A lowered 'Mi' from the Major Scale (sounds like 'Meh')

'Le' = A lowered 'La' from the Major Scale (sounds like 'Leh')

'Te' = A lowered 'Ti' from the Major Scale (sounds like 'Teh')

#	Minor Table 2: 18 Solfege Drills - Solfege Syllables from a Natural Minor Scale												
1	Do	Me	Le	Fa	Do	Sol	Re	Fa	Me	Le	Sol	Te	Do
2	Do	Fa	Te	Le	Sol	Fa	Re	Te	Me	Re	Do	Me	Do
3	Do	Sol	Do	Re	Me	Do	Fa	Le	Sol	Fa	Me	Re	Do
4	Do	Le	Me	Te	Me	Sol	Do	Re	Te	Fa	Sol	Me	Do
5	Do	Re	Sol	Do	Le	Fa	Te	Me	Sol	Te	Re	Fa	Do
6	Do	Fa	Me	Fa	Te	Sol	Le	Te	Me	Re	Fa	Le	Do
7	Do	Me	Te	Sol	Fa	Te	Fa	Le	Fa	Sol	Re	Te	Do
8	Do	Te	Le	Me	Fa	Te	Le	Re	Te	Me	Re	Le	Do
9	Do	Me	Do	Fa	Le	Sol	Le	Re	Fa	Le	Te	Fa	Do
10	Do	Le	Me	Sol	Fa	Do	Le	Me	Re	Sol	Te	Me	Do
11	Do	Te	Sol	Le	Re	Te	Sol	Me	Re	Sol	Re	Le	Do
12	Do	Me	Sol	Le	Re	Te	Fa	Sol	Le	Fa	Te	Sol	Do
13	Do	Sol	Le	Re	Sol	Fa	Te	Fa	Le	Do	Re	Me	Do
14	Do	Fa	Me	Le	Sol	Le	Re	Te	Sol	Te	Re	Le	Do
15	Do	Fa	Re	Me	Re	Do	Te	Re	Le	Fa	Te	Sol	Do
16	Do	Sol	Fa	Me	Le	Me	Re	Me	Re	Me	Fa	Te	Do
17	Do	Fa	Te	Sol	Me	Te	Sol	Fa	Le	Re	Me	Le	Do
18	Do	Te	Sol	Fa	Le	Fa	Te	Me	Sol	Le	Re	Fa	Do

**Minor Table 3 - Harmonic Minor**

- ♪ Table 3 introduces the syllables of a Harmonic Minor Scale.
- ♪ There is a 'Me' and a 'Le' (but not a 'Te') in the Harmonic Minor Scale.
- ♪ Before singing the drills, first sing the Harmonic Minor Scale ascending and descending. Then sing: Do-Me-Sol-Me-Do-↓Ti-Do.

#	Minor Table 3: 18 Solfege Drills - Solfege Syllables from a Harmonic Minor Scale												
1	Do	Sol	Me	Ti	Le	Fa	Ti	Do	Me	Sol	Le	Ti	Do
2	Do	Sol	Le	Fa	Ti	Re	Ti	Fa	Re	Ti	Le	Me	Do
3	Do	Fa	Sol	Le	Fa	Re	Sol	Ti	Me	Sol	Le	Re	Do
4	Do	Me	Sol	Ti	Re	Me	Le	Ti	Do	Sol	Me	Sol	Do
5	Do	Fa	Do	Re	Me	Fa	Ti	Le	Me	Sol	Ti	Re	Do
6	Do	Ti	Sol	Fa	Me	Re	Fa	Le	Sol	Re	Sol	Le	Do
7	Do	Sol	Me	Le	Fa	Ti	Me	Re	Le	Re	Sol	Me	Do
8	Do	Re	Fa	Do	Le	Me	Sol	Me	Re	Sol	Ti	Me	Do
9	Do	Fa	Re	Le	Me	Fa	Do	Sol	Re	Le	Me	Re	Do
10	Do	Fa	Re	Me	Fa	Sol	Me	Le	Ti	Re	Sol	Ti	Do
11	Do	Me	Re	Fa	Do	Ti	Le	Me	Ti	Le	Me	Fa	Do
12	Do	Fa	Sol	Me	Re	Ti	Me	Fa	Do	Ti	Sol	Fa	Do
13	Do	Ti	Sol	Fa	Le	Do	Fa	Le	Fa	Me	Le	Ti	Do
14	Do	Re	Me	Le	Me	Sol	Ti	Me	Re	Le	Sol	Me	Do
15	Do	Fa	Ti	Le	Fa	Ti	Sol	Le	Ti	Sol	Re	Le	Do
16	Do	Fa	Le	Me	Ti	Fa	Le	Re	Ti	Me	Le	Sol	Do
17	Do	Ti	Sol	Fa	Sol	Le	Ti	Re	Me	Re	Fa	Le	Do
18	Do	Re	Sol	Re	Le	Re	Sol	Do	Fa	Ti	Sol	Re	Do

**Minor Table 4 - Melodic Minor**

♪ Table 4 introduces the syllables of a Melodic Minor Scale.

♪ When ascending, a melodic minor scale has the same 'La' and 'Ti' as a major scale.

When descending, 'La' is lowered to 'Le' and 'Ti' is lowered to 'Te'. 'Mi' is always lowered to 'Me', regardless of direction and the type of minor scale. Notice how similar the melodic minor scale is to the major scale when ascending (only difference: 'Me' ), and how it is identical to the harmonic minor scale when descending.

♪ Before singing the drills, sing the Melodic Minor Scale ascending and descending.

#	Minor Table 4: 18 Solfege Drills - Solfege Syllables from a Melodic Minor Scale												
1	Do	Sol	Le	Fa	Te	Re	Do	Fa	Ti	La	Te	Sol	Do
2	Do	Sol	Fa	Re	Le	Sol	Te	Re	Fa	Do	Me	La	Do
3	Do	Me	Sol	Ti	Me	Sol	Me	Re	Le	Re	Me	Te	Do
4	Do	Sol	La	Ti	Fa	Me	Te	Le	Re	Le	Me	Sol	Do
5	Do	La	Me	Sol	Re	Le	Sol	Ti	Me	Sol	La	Re	Do
6	Do	Ti	Fa	Le	Do	Re	Te	Me	La	Fa	Sol	Me	Do
7	Do	Fa	Ti	La	Do	Te	Fa	Le	Me	Te	Re	Sol	Do
8	Do	Ti	Sol	Fa	Le	Re	Do	Fa	Te	Sol	Me	Fa	Do
9	Do	Me	Sol	Re	Fa	La	Me	Sol	La	Do	Fa	Sol	Do
10	Do	Me	Fa	Te	Sol	La	Re	Fa	Re	Le	Sol	Re	Do
11	Do	Fa	Le	Re	Do	Sol	Me	La	Sol	Ti	Me	Re	Do
12	Do	Me	Te	Fa	La	Re	Ti	Fa	Re	Sol	Te	Me	Do
13	Do	Fa	Me	Fa	La	Do	Fa	Re	Te	Fa	Re	Le	Do
14	Do	Le	Fa	Re	Sol	Re	La	Me	Re	Ti	Fa	Ti	Do
15	Do	Me	Sol	Me	Re	Te	Fa	Sol	Fa	Ti	Sol	Re	Do
16	Do	Re	Fa	Ti	Me	Le	Fa	Te	Fa	Re	Sol	Me	Do
17	Do	Re	Sol	Me	Le	Sol	Ti	Re	La	Ti	Me	Fa	Do
18	Do	Fa	Ti	Re	Te	Fa	Me	La	Do	Me	Le	Re	Do